Woodville Community Services run a **10 week** Parenting Program for anyone that is interested in furthering their knowledge or getting new tips on parenting!!

**Circle Of Security**  
Is a user friendly model of attachment - it explains how children look to their parents or caregivers for support as they move from their needs for safety and security to their needs for exploration throughout the day.

**Coping With Stress**  
Gigi is from Yoga and Beyond and she understands that day to day living can be very challenging and sometimes we need a little guidance and support. She gives practical strategies to assist every parent!

**123 Magic and Emotion Coaching**  
Aims to teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signaling system to manage children's difficult behaviour

**Starts Wednesday**  
9th October from 12:30-2:30pm  
**Book Now!!**

**Held in Carramar Public School,**  
29 The Horsley Drive Carramar  
**Open to everyone**

**FREE and Child Care available**

**For more information or to register now call Katherine on 9724 3807!!**